UK Home Countries International XC U20 Women Callendar Pk Falkirk Scotland

1	Gemma Holoway	England	21.31
2	Amy Donnelly	England	21.37
3	Anna MacFadyen	Scottish Schools	21.56
4	Gillian Black	Scotland	22.04
5	Stephie Pennycook	Scotland	22.06
6	Laura Stark	Scottish Schools	22.15
7	Lucy Holt	Midland Counties	22.15
8	Bryony Haines	Midland Counties	22.25
9	Niamh Bridgson Hubbard	England	22.26
10	Heidi Davies	Wales	22.27
11	Mollie Williams	Northern Athletics	22.29
12	Louise Mercer	Scotland	22.31
13	Rebekah Ward	Northern Athletics	22.46
14	Elizabeth Apsley	Northern Athletics	22.55
15	Eve Mackinnon	Scotland	22.58
16	Phillipa Stone	England	23.03
17	Hannah Addison	Scottish Schools	23.06
18	Niamh Corry	Irish Schools	23.14
19	Niamh Ni Chiardha	Irish Schools	23.42

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20	Cloadagh O'Reilly	Irish Schools	23.45
21	Iona Miller	Scottish Schools	23.48
22	Eimear Fitzpatrick	Irish Schools	24.02
23	Sophie Burnett	Northern Athletics	24.08
24	Laura Gardiner	Northern Ireland NC	24.25
25	Rebecca Nixon	Northern Ireland	24.29
26	Jessica Bradley	Welsh Schools	24.31
27	Rosie Weston	Midland Counties	24.38
28	Bethan Evans	Wales	24.43
29	Tasha Stone	Midland Counties	24.54
30	Aife McSheffrey	Northern Ireland	25.25
31	Bethan Harris	Welsh Schools	25.28
32	Rhiannon Kamink	Welsh Schools	25.38
33	Megan Tucker	Welsh Schools	25.50
34	Zoe Carruthers	Northern Ireland	25.58
35	Lara Philipart	Wales	26.09
36	Toni Moore	Northern Ireland	27.03
37	Emma Lightart	Welsh Schools NC	27.31

	Team Name	Fin	Finisher Positions		
1	England	1	2	9	12
2	Scotland	4	5	12	21
3	Scottish Schools	3	6	17	26
4	Northern Athletics	11	13	14	38
5	Midland Counties	7	8	27	42
6	Irish Schools	18	19	20	57
7	Wales	10	28	35	73
8	Welsh Schools	26	31	32	89

UK Home Countries International XC U20 Men Callendar Pk Falkirk Scotland

1	Christopher Olley	England	25.07
2	Gus Cockle	England	25.08
3	Ellis Cross	England	25.40
4	Cameron Field	England	25.47
5	Ciaran Lewis	Wales	26.08
6	Craig McMeechan	Irish Schools	26.17
7	Ryan Thompson	Scotland	26.18
8	Jonathan Shields	Northern Athletics	26.26
9	Euan Gilham	Scotland	26.30
10	Joe Wilkinson	Northern Athletics	26.36
11	Jake Heywood	Welsh Schools	26.44
12	Tristan Rees	Scottish Schools	26.48
13	Daniel Stock	Midland Counties	26.53

18	Eoin McCann	Northern Ireland	27.07
19	Cathal Doyle	Irish Schools	27.13
20	Matthew Williams	Welsh Schools	27.21
21	Brian Flanagan	Irish Schools	27.24
22	Shaun Evans	Midland Counties	27.26
23	Gavin Smith	Scottish Schools	27.30
24	James Hunt	Wales	27.44
25	Joe Arthur	Scottish Schools	27.53
26	Alex Benfield	Midland Counties	27.56
27	Christian Smith	Welsh Schools	28.00
28	Max Milarvie	Scottish Schools	28.02
29	Ashraf Liles	Welsh Schools	28.12
30	Jack Turner	Wales	28.18

	Teams					
	Team Name	Fin	isher Positi	ons	Total	
1	England	1	2	3	6	
2	Scotland	7	9	15	31	
3	Northern Athletics	8	10	17	35	
4	Irish Schools	6	19	21	46	
5	Welsh Schools	11	20	27	58	
6	Wales	5	24	30	59	
7	Scottish Schools	12	23	25	60	

UK Home Countries International XC Senior Women Callendar Pk Falkirk Scotland

1	Claire Duck	England	28.32
2	Jane Potter	England	28.32
3	Sarah Inglis	Scotland	28.42
4	Steph McCall	England	29.07
5	Mhairi MacLennan	Scotland	29.14
6	Juliette Potter	England	29.25
7	Sophie Cowper	Northern Athletics	29.51
8	Anne Holylond	Midland Counties	29.56
9	Fiona Rudkin	Scotland	30.04
10	Chloe Richardson	Midland Counties	30.15
11	Eilidh MacKenzie	Scotland	30.24

12	2 Emma Holt	Northern Athletics	30.26	
13	3 Lucy Marland	Wales	30.34	
14	4 Georgia Malir	Northern Athletics	30.57	
1	Clara Evans	Wales	31.16	
16	6 Karen Alexander	Northern Ireland	31.30	
17	7 Caroline Lambert	Northern Athletics	31.33	
18	Sarah Mackness	Midland Counties	31.35	
19	Gerrie Short	Northern Ireland	31.51	
20	Rebecca Henderson	Northern Ireland	31.56	
2	1 Jodi Smith	Northern Ireland	32.40	
22	2 Anne Holylond	Midland Counties	33.19	

	Teams					
	Team Name	Fin	isher Positi	ions	Total	
1	England	1	2	4	7	
2	Scotland	3	5	9	17	
3	Northern Athletics	7	12	14	33	
4	Midland Counties	8	10	18	36	
5	Northern Ireland	16	19	20	55	

UK Home Countries International XC Senior Men Callendar Pk Falkirk Scotland

1	Andrew Douglas	Scotland	31.27
2	Alex Teuten	England	31.32
3	Alastair Watson	England	31.36
4	Alex Brecker	England	31.53
5	Carl Avery	Northern Athletics	31.54
6	Matthew Bowser	England	32.06
7	Owain Jones	Wales	32.09
8	Michael Ferguson	Scotland	32.21
9	Jamie Roden	Northern Athletics	32.23
10	Steven Bayton	Northern Athletics	32.28
11	Rob Samuel	Wales	32.40

12	Bertie Houghton	Northern Athletics	32.50
13	Harry Lupton	Midland Counties	32.59
14	Ben Stevenson	Scotland	33.04
15	Daniel Hallam	Midland Counties	33.07
16	Mark McKinstry	Northern Ireland	33.11
17	Neil Johnston	Northern Ireland	33.15
18	Alexander Hendry	Scotland	33.32
19	Seamus Lynch	Northern Ireland	34.04
20	Rob Smith	Midland Counties	34.39
21	Aaron Doherty	Northern Ireland	35.28

	Teams					
	Team Name	Fin	Finisher Positions			
1	England	2	3	4	9	
2	Scotland	1	8	14	23	
3	Northern Athletics	5	9	10	24	
4	Midland Counties	13	15	20	48	
5	Northern Ireland	16	17	19	52	